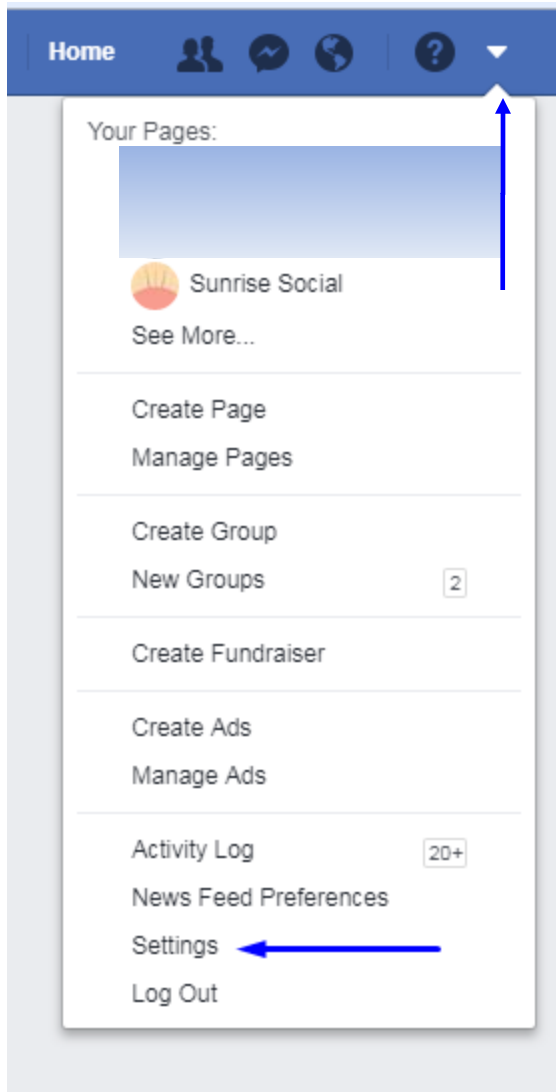


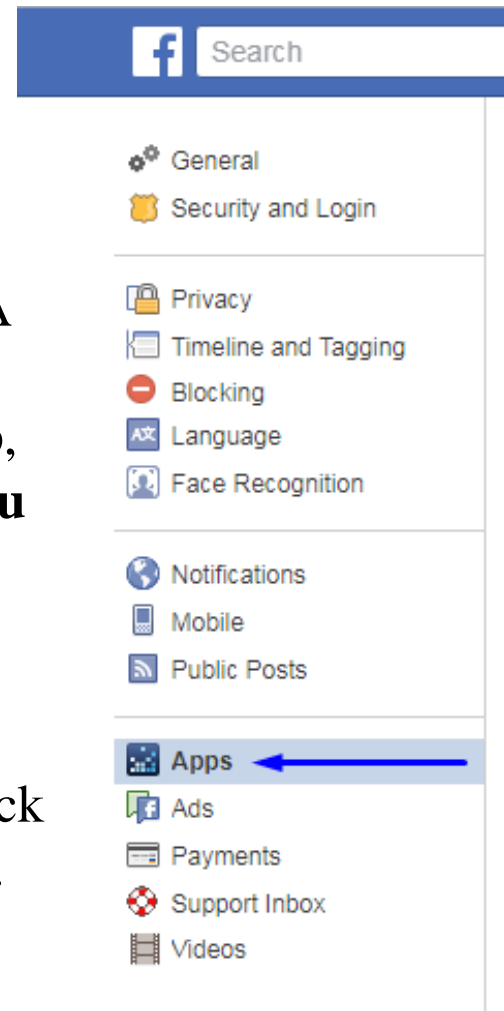
I recommend doing this from a computer, or at least a “desktop view” of Facebook.

First - click the **upside triangle** in the upper right corner of your Facebook screen. This will cause a menu to drop down.

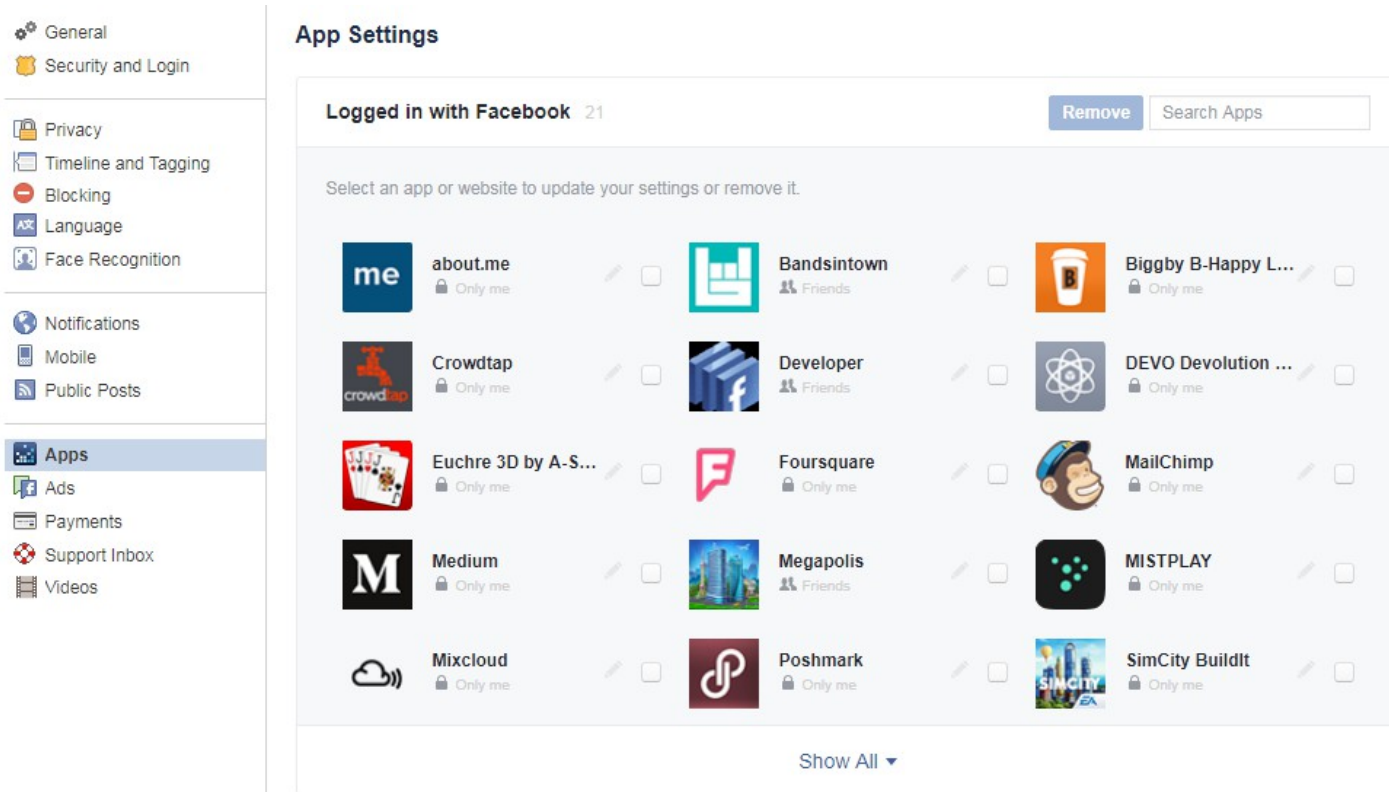


Second – Click on **Settings**. A new page will pop up, with a **menu** on the left hand side.

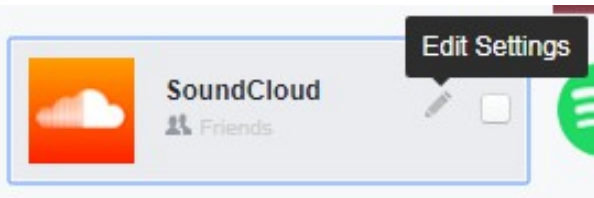
Third - Click on **Apps**.



After you click **Apps**, a screen will open up that shows you all of the apps that you have given permissions to. There is a total count above, and a show all option below.

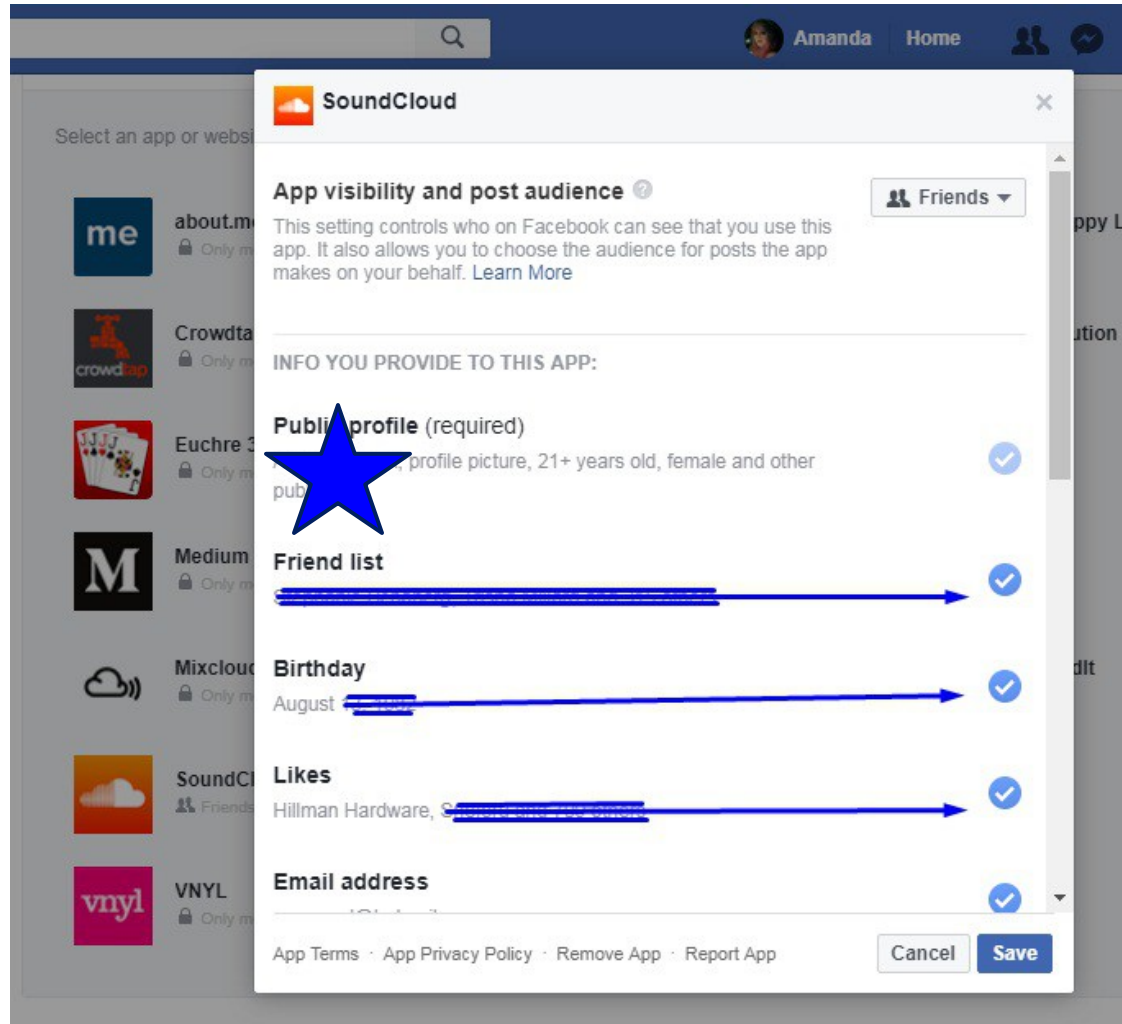


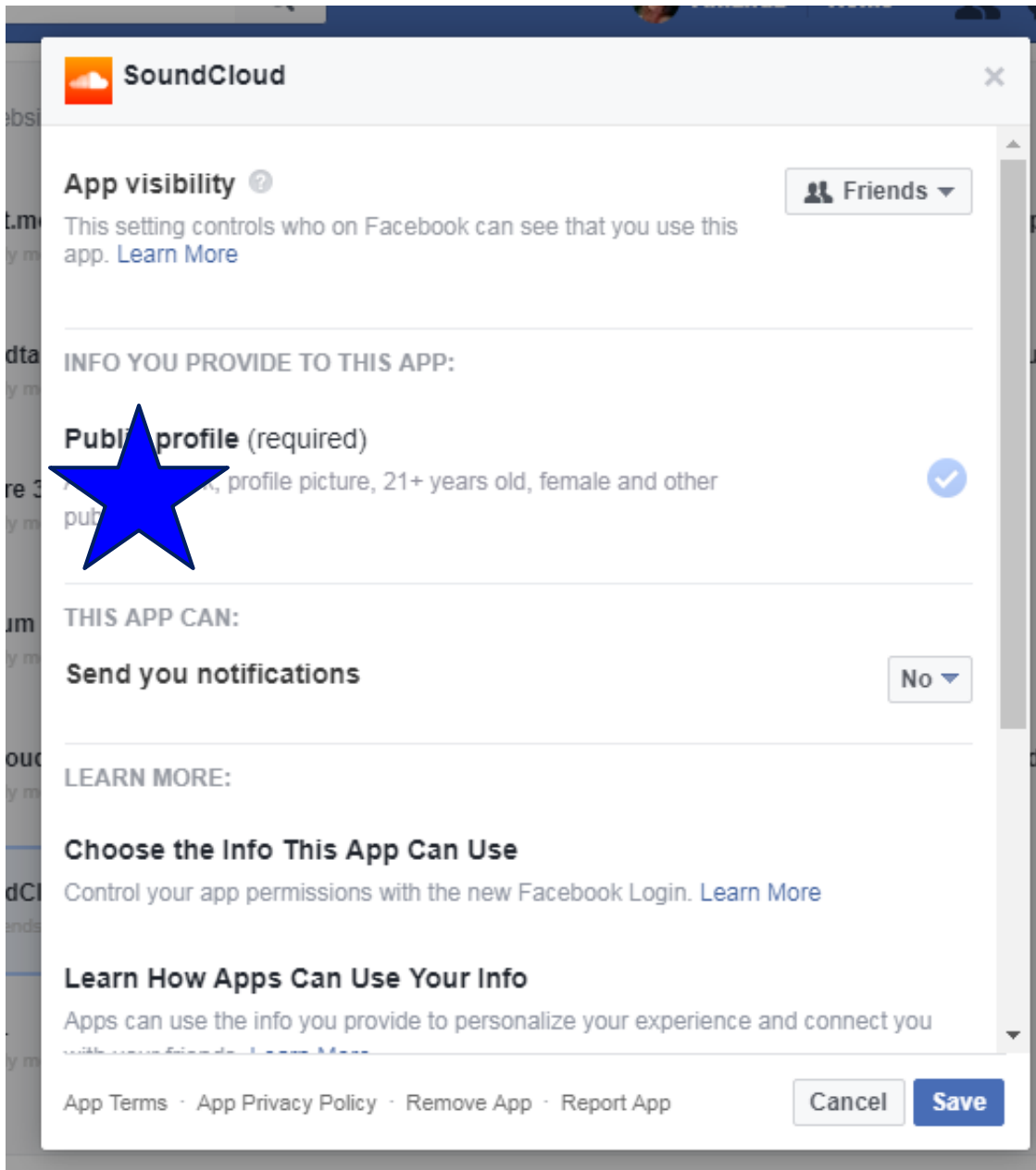
Go through and **delete** all the apps you do not want attached to your account. If you don't recognize it, it most likely needs to go.



See an app you want to keep?  
Go ahead and check one of the  
apps out by clicking the **pencil**  
that says **Edit Settings**.

Once open you will find  
all of the options that you,  
and I, have willingly  
allowed these apps to be  
privy to. The shocking  
part, is most of this stuff is  
optional. As you can see,  
the items to the right can  
be unchecked. Un-click the  
**check marks** and hit **Save**.





Once you have hit save, go back and check the app settings again. You should see that the items have been removed. Now is a good time to go through your account and evaluate your settings. Sounds tedious I know. What's it worth to you? Maybe your privacy?